

## **Specific Regulations regarding Coaching**

### **1. Number of teams per coach**

A coach may be registered for more than one team – but must stay with one team for the duration of the match (i.e. from warm up until the final whistle).

### **2. Number of coaches per team**

A team may register up to two coaches per team (Coach and Assistant Coach). However, only one team coach will be permitted into the playing area beginning with the warm-up until the final whistle.

### **3. Access to field of play**

Coaches are allowed on the field of play to provide support for the young athletes. The coach may enter the playing area with the players, prior to the match, but is no longer restricted to remaining for the warm-up period only, as is the case currently with other competitions – he/she may remain for the duration of the match.

### **4. Uniform dress**

The coach must wear a uniform which is different from the team.

### **5. Prior to the match**

The coach should sign the scoresheet prior to the match (after the toss) in the Remarks box (or in the Coach's confirmation box, where a modified scoresheet is being used), to confirm his/her position, thus allowing him/ her to be subject to the discipline of the Referee corps.

### **6. Position of coach during play**

The coach sits at the designated team seating areas/team bench and must remain seated during the play and during intervals between rallies, except when switching courts, during set intervals and while instructing players during time outs. During court switches, the coach switches with the teams.

The coach may not stand during play to talk to the team members. Should either referee have to remind the coach of this fact, he/ she will be subject to the misconduct scale, just like the players.

The coach must remain on the team seating areas/team bench until the handshake of players and referees is over, and players have left the court to the team seating areas/team bench. Only from this moment coach is allowed to move outside of team seating areas/team bench.

## 7. Interaction with players

An accredited coach may interact with his/her players only during warm-up, change of set, between rallies, at switch of the court and during time-out. The coach can freely give instructions during Time-outs, technical time-outs, set intervals, intervals between completed rallies and during exceptional game interruptions. The coach may also give instructions during court switches (while walking) – however, the match shall not be delayed by this. Existing rules concerning coaching players from outside the playing area still apply.

For VBAHK Youth Cup (青少盃沙灘排球比賽)

An accredited coach may interact with his/her players only in the following periods:

1. Warm-up
2. Change of set
3. Between rallies
4. At switch of the court
5. Time-out

The coach can freely give instructions in the following periods:

1. Time-outs
2. Technical Time-outs
3. Set intervals
4. Intervals between completed rallies
5. Exceptional game interruptions.

However, the match shall not be delayed by these. Existing rules concerning coaching players from outside the playing area still apply.

For Hong Kong Junior Beach Volleyball Championship (香港少年沙灘排球錦標賽)

The coach can freely give instructions during the competition. However, the match shall not be delayed by these. Existing rules concerning coaching players from outside the playing area still apply.

## 8. Requesting time-out

The coach (as well as the team captain) may request time out by showing the official hand signal and requesting” time out” when the ball is out of play and before the 1st referee’s whistle for service. His/ her contacting official is the 2nd referee in this instance. Requests made after or at the same moment of the 1st Referee’s whistle for service, or requests made after the team has exhausted its time outs in that set, will be regarded as improper requests. Should resumption of the game be delayed by this, the team will be sanctioned for delay.

## 9. Behavior during medical time-out

During a medical time out, only players may warm up in the playing area.

## 10. Delay

Teams will be sanctioned for delay when team members (players) are judged to be attempting to delay the game to get assistance from the coach in violation to this specific regulation.

## 11. Misconduct and its sanctions

This applies to all team members, including the coach if present.

### *Minor Misconduct*

Minor misconduct offences are not subject to sanctions. It is the first referee's duty to prevent the teams from approaching the sanctioning level.

There are two stages to this:

Stage 1 is done verbally through the team captain.

Stage 2 involves showing a yellow card official warning to the team. This is done by issuing the warning to the offending team member or to the team through the game captain. Since the coach is to be regarded as a team member, this would apply also to this individual. The team captain would be requested to inform the coach of his/ her offence. The first referee would then show the yellow card to the coach, who would be expected to stand, and raise a hand to acknowledge the warning.

This warning is not a sanction but an indication that the sanctioning level for the match has been reached. It has no immediate consequences, but it is recorded on the score sheet. In the case of the warning being applied to the team because of the coach's behavior, this is recorded in the remarks box, listing team, set, coach and score, using the following shorthand: A 2/C/12-9, for example.

### *Misconduct leading to sanctions*

Incorrect conduct by a team member (remember: including the coach) towards officials, opponents, team-mates or spectators is classified in three categories according to the seriousness of the offence.

Rude conduct: action contrary to good manners or moral principles.

Offensive conduct: defamatory or insulting words or gestures or any action expressing contempt.

Aggression: actual physical attack or aggressive or threatening behaviour.

### *Sanction scale*

According to the judgment of the 1st referee and depending on the seriousness of the offence, the sanctions to be applied and recorded on the score sheet are: Penalty, Expulsion or Disqualification.

### *Penalty*

For rude conduct or for a single repetition of rude conduct in the same set by the same team member. On each of the first two occasions, the team is sanctioned with a point and service to the opponents. A third rude conduct by a team member in the same set is sanctioned by expulsion. Rude conduct sanctions may, however, be given to the same team member in subsequent sets.

### *Expulsion*

The first offensive conduct by a team member is sanctioned by expulsion with no other consequences.

The third rude conduct in the same set, by the same team member is sanctioned by expulsion with no other consequences. (see “expulsion” above)

The player who is sanctioned with expulsion must leave the playing area and his/ her team is declared incomplete for the set.

An expelled coach loses his/her right to intervene in the set and must leave the playing area until the next set. In this case, the coach must leave his/ her accreditation on the score table.

### *Disqualification*

The first physical attack or implied or threatened aggression is sanctioned by disqualification. The team member must leave the playing area for the remainder of the match; if this team member is a player his/her team is declared incomplete for the match.

A disqualified coach must leave the playing area and loses his/her right to intervene in the match. MISCONDUCT is sanctioned as shown in the sanction scale.

The second offensive conduct in the same match by the same team member is sanctioned by disqualification with no other consequences.

### *Application of misconduct sanctions*

Expulsion or disqualification due to offensive conduct or aggression does not require a previous sanction.

### *Misconduct before and in between sets*

Any misconduct occurring before or between sets is sanctioned per the rules above and sanctions apply in the following set.

*Summary of misconduct and cards used*

Warning: Stage 1: no sanction – Verbal warning through the team captain

Stage 2: no sanction - symbol Yellow card to the individual team member

Penalty: sanction – symbol Red card

Expulsion: sanction – symbol Red + Yellow cards jointly

Disqualification: sanction – symbol Red + Yellow card separately