

A. Coach

- 1.1 The person must be aged 18 or over.
- 1.2 The person cannot serve as coach of two competing teams in the same match.

B. Coaching

1. The coach may interact with his/her players only in the following periods:

- 1.1 Warm-up
- 1.2 Change of set
- 1.3 Between rallies
- 1.4 At switch of the court
- 1.5 Time-out

2. The coach can freely give instructions in the following periods:

- 2.1 Time-outs
- 2.2 Technical Time-outs (if any)
- 2.3 Set intervals
- 2.4 Intervals between completed rallies
- 2.5 Exceptional game interruptions.